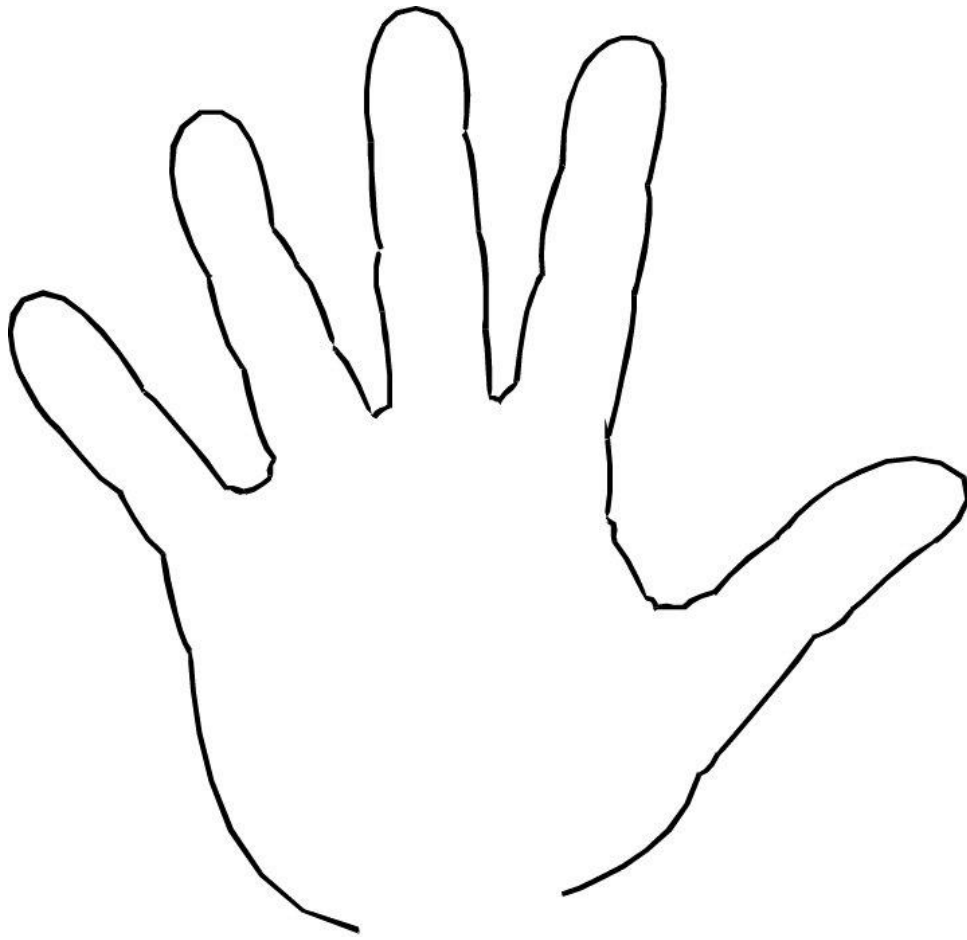


I choose to use my helping hands
to help others in need.
With kind words and my ten fingers
I will accomplish this fine deed.



Preparation:

Make one copy of this sheet for each student.
Students will need pencils, crayons/colored pencils, scissors, and glue.

Directions:

Have students brainstorm ways they can use their hands to help out someone in need. *You may choose to use a story about someone like Johnny Appleseed to help spark this discussion.*

After choosing one kind deed to focus on, have each student record this on their hands (using an illustration and/or sentences to describe who they will help and how this will be done).

When finished, students can cut out hands and poem and mount on a piece of construction paper to display at school or at home to remind them of their plans.